

# What is a Financial Statement?

When you contact creditors to arrange to repay your debts, they will often ask for a copy of your Financial Statement. This is an important document as it shows:

- ⤴ Your income
- ⤴ What your money is spent on - what you need each week or month
- ⤴ Who you owe money to
- ⤴ How much you owe and whether any other repayments have been agreed

The first two bullet points you should already be able to complete from the information on your budget sheet.



Here at MAC, we will work with you to put together a Financial Statement and will contact your creditors (those companies you owe money to) to negotiate repayments on your behalf.

However, you can do this by yourself if you wish and the following pages will tell you how.

We have also included two blank financial statements, one for you to practise on (we suggest you use a pencil, not a pen!) and one for your final copy.